## Action Yoga Sequence Activity

Can you guess the Name of the Action related to this Yoga Pose?

- 1. a) Crawling
  - b) laughing
  - c) Jumping



- 2. a) Walking
  - b) Cooking
  - c) Running



3. a) Swimming

- b) Running
- c) Washing



- 4. a) Climbing
  - b) Crawling
  - c) Dancing

