



Exercise 1: Fast or feast

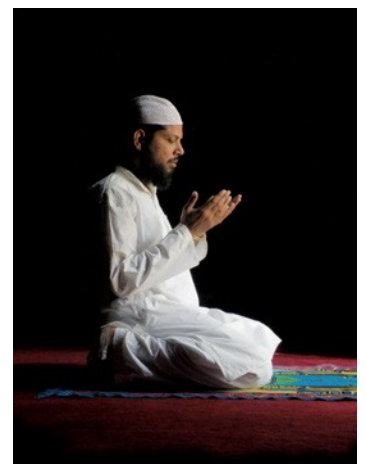
Write 'food' or 'no food' after each of these sentences.

- When you **feast**, you eat a lot. _____
- When you **fast**, you do not eat. _____
- Ramadan is a time of **fasting**. _____
- Eid al-Fitr is a time of **feasting**. _____

Exercise 2: Key words

Match the key words with their meanings.

Key word	Meaning
1. charity	a. continue to happen
2. dishes	b. speak to God or a saint, for example to give thanks or ask for help
3. to last	c. food prepared and cooked in a special way
4. traditional	d. organization to which you give money so that it can help people who are poor or ill, or who need advice and support
5. pray	e. relating to very old customs, beliefs or stories



Use these words to complete the information about Eid al-Fitr. The first sentence is completed as an example.



Arabic	breakfast	charity	dishes
enjoy	fasting	feast	last
moon	pray	religious	traditional



1. Eid al-Fitr is an important religious holiday for Muslims all over the world.
2. It is celebrated at the end of Ramadan, the Islamic holy month of _____.
3. Food is an important part of Eid al-Fitr. After a month of fasting, there is a _____.
4. The feast and the celebrations _____ for up to three days.
5. It is sometimes called 'Sweet Eid' because people eat many kinds of sweet _____ at this celebration.





6. On the first morning of Eid al-Fitr people get up early and _____ together.
7. Then they have a _____ with sweet dishes.
8. People wear their best clothes or _____ clothes at Eid al-Fitr.
9. Children sometimes get gifts or money, and people give money to _____.
10. In many countries Eid al-Fitr is a national holiday. Schools, offices and businesses are closed so that people can _____ the celebrations with their family, friends and neighbours.
11. Eid al-Fitr begins after Ramadan, when people see the new _____ in the sky.
12. In _____, the word Eid means festival or feast.

- Have you fasted before? When? Why did you fast?
- How long did you fast for?
- How did you feel at the end of the fast?
- What was the first thing you ate after your fast?

Work in groups. What are your favourite sweet dishes?



- a. Our favourite sweet dishes and treats are: _____.
- b. Complete the information about your favourite sweet dishes or treats.

The dish or treat is called _____.

It is made with _____.

You eat it *hot / warm / cold / frozen*.

It tastes of *fruit / sugar / chocolate / honey /* _____.

People usually eat it for *breakfast / lunch / dinner / supper / as a snack / as a special treat /* _____.

I like this sweet dish or treat because _____.
- c. Now tell the class about your favourite sweet foods.